



# Behaviour Policy

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# Relational Policy

For effective teaching and learning to take place, good behaviour in all aspects of school life is necessary. This policy supports the school community to work together in an effective and considerate way and in encouraging positive behaviour in and around school.

Version number	2.0
Consultation groups	Pastoral Leads, Mowmacre Hill Primary School-17/11/21-SLT, EP, SALT, Trust Behaviour Lead
Approved by	Education Standards Committee
Approval date	20 September 2021
Adopted by	Advisory Board
Adopted date	September 2023
Implementation date	September 2023
Policy/document owner	Trust Safeguarding and Behaviour Lead
Status	Statutory
Frequency of review	Every two years
Next review date	September 2025
Applicable to	School may adopt this policy as a template

# **Document History**

Versio n	Version Date	Author	Summary of Changes
V0.1	January 2019	Megan Williams	Draft policy created
V0.2	March 2019	Helen Stockill	Policy formatted for Education Standards Committee approval

V1.0	March 2019	Helen Stockill	Policy approved by Trustees
V2.0	August 2021	Megan Williams	Policy Reviewed
V3.0	November	Matthew Peet,	Policy refined to include changes discussed at
	2021	Laura Hackett,	meeting with Mowmacre Hill Primary School SLT,
		Sarah Nash	EP, SALT and Trust Behaviour Lead
V4.0	September 2023	Matthew Peet Estelle Ewing Donna Wilson	Policy refined to include changes discussed at meeting with Mowmacre Hill Primary School SLT, EP, SALT and Trust Behaviour Lead

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#### 1. Introduction

At Mowmacre Hill Primary School we aspire to ensure that all pupils feel safe, secure and valued. We want pupils to grow socially, personally and academically and to become responsible, caring and successful members of society. Through restorative approaches, pupils are taught about right and wrong, fairness, justice and tolerance.

We believe that learning happens best when there are good relationships; between our staff, between our pupils, within the classroom, with parents and carers and with our wider community. Staff should seek to establish a calm and supportive environment where pupils feel safe and are listened to.

To achieve a purposeful, happy and safe environment, we set high standards, clear guidelines, and have an ethos of respect and responsibility.

# 2. Linked policies

This policy should be read in conjunction with the following policies:

- Anti-bullying policy
- Online -safety policy
- Physical Intervention policy
- Exclusion and Suspension policy
- Safeguarding policy
- Mental Health policy

#### 3. Aims

This policy aims to:

- Encourage positive relationships
- Ensure equality and fairness of treatment for all
- Provide a **consistent approach** to behaviour management.
- Include a relational approach, based on respecting biology and how our nervous system works and supporting children to regulate through responsive co-regulation.
- Create a community of self-discipline, (self-regulation) and acceptance, where everyone takes responsibility for their actions
- Promote and maintain clear expectations of behaviour
- Celebrate successes and good behaviour, and where behaviour is inappropriate, to challenge that behaviour positively through the restorative approach and language
- Summarise the roles and responsibilities of different people in the school community with regards to behaviour management
- Outline our system of rewards and consequences

# 4. Legislation and statutory requirements

This policy is based on advice from the Department for Education (DfE) on:

- Behaviour and discipline in schools
- Searching, screening and confiscation at school
- The Equality Act 2010
- Use of reasonable force in schools

Supporting pupils with medical conditions at school

It is also based on the <u>special educational needs and disability (SEND) code of practice</u>.

#### 5. Purpose

Our Behaviour Policy supports the promotion of securing a positive learning environment through:

- Understanding that all behaviour is a form of communication: "Thinking of a child behaving badly disposes you to think of punishment. Thinking of child as struggling to handle something difficult encourages you to help them through their distress" Colebourne Primary School.
  - Behaviour is anything that a person does that we can see or hear. When we feel frustrated, upset or misunderstood we can struggle to respond to these feelings which can result in less acceptable behaviours. Staff will try to acknowledge what our learners are trying to communicate. Once a learner feels understood and cared for, they can learn to express their emotions in an acceptable way.
- Setting clear boundaries and high expectations: Children need to know what is expected of them, where, when and why. We acknowledge the need for an approach that balances nurture and structure. We believe that children need clear routines, boundaries and responses to help them feel safe, protected and cared for. All children have the right to feel safe and a right to learn. All feelings are acceptable but not all behaviours are. Understanding behaviour as a form of communication does not mean that children do not experience consequences for their behaviour. High expectations should be maintained for all learners and they should be supported to meet them.
- Adopting a nurturing ethos: To support children effectively we consider each individual's needs, when supporting positive behaviour changes we focus on the nurturing and repair of relationships.
- Implementing Louise Bomber's 4 R's of: regulate, relate, reason (or reflect) and repair.
- Implementing restorative approaches: All individuals respond more effectively when approached positively, and therefore when supporting our pupils with their behaviour choices we endeavour that pupils recognise the impact of actions, any harm caused, and consider steps to make things right.
- Being consistent with our approaches: All staff receive regular training and are provided with opportunities to discuss individual's needs and plan agreed responses to inappropriate behaviours so that these can be shared and adopted by all. A graduated approach is important and it may be appropriate to use Relational Support Plans (RSPs), which unpick the child's behaviour and document agreed strategies to ensure a consistent approach. (Children need personalised responses to supporting their personal development and well-being; being consistent and fair is not about everyone getting the same, but everyone getting what they need.)

 Adopting de-escalation strategies: Through in school recording systems and robust home/school communication inappropriate behaviours are tracked, monitored and discussed so that the overall approach to behaviour management is early and preventative intervention.

#### 6. School rules

Our school rules and expectations have been developed in conjunction with staff and pupils and are the foundation of a positive and consistent approach to behaviour management.

# Mowmacre Hill Primary School Expectations are:

- 1. To treat other people how you like to be treated
- 2. To try your hardest at everything
- 3. To be on time and ready to learn
- 4. To wear your uniform and bring your P.E. kit.
- **5.** To show good manners.

Expectations are something that everyone in school should just do.

# **Mowmacre Hill Primary School Rules are:**

- 1. Listen to and follow instructions from adults in school.
- 2. Respect other people, their property and their beliefs
- 3. Walk quietly around school
- 4. Keep hands, feet and objects to yourself.

Rules give us guidance on how we should behave at school.





# 6. Roles and responsibilities

#### The Advisory Board

The Advisory Board is responsible for approving the relational policy and monitoring its effectiveness. They will also eensure equality of application to individuals and groups through the monitoring of behaviour incidents and suspensions/exclusions.

#### The Headteacher

The Headteacher is responsible for developing and implementing the relational policy. Ensuring that the school environment encourages positive behaviour and that staff deal effectively with poor behaviour. The Headteacher will monitor how staff implement this policy to ensure rewards and consequences are applied consistently.

#### Staff

Staff will work with us to:

- Implement the behaviour policy consistently
- Develop a positive relationship with all pupils
- Model positive behaviour at all times, requesting a change of face if a situation begins to provoke an emotional response in the adult.
- Take responsibility for their own self-regulation and seek assistance when needed
- Treating all pupils fairly and with respect
- Create a safe and pleasant environment, physically and emotionally
- Co-regulate with those children who are not able to regulate alone
- Respect pupils, listen to their views without discrimination and respond suitably
- Provide a personalised approach to the specific behavioural needs of particular pupils
- Work in partnership with parents to support pupils to develop positive behaviour and celebrate their pupils' efforts and achievements
- Recording behaviour incidents on internal systems

The senior leadership team will support staff in responding to behaviour incidents.

#### **Parents**

Parents will work with us to:

- Support their child in adhering to the pupil code of conduct
- Support the school in the implementation of this policy
- Inform the school of any changes in circumstances that may affect their child's behaviour
- Discuss any behavioural concerns with the class teacher promptly

#### **Pupils**

Pupils will work with us to:

- Work to the best of their abilities
- Treat other pupils and staff members with respect
- Use the zones of regulation to communicate their emotional needs to school adults.
- When regulated, reason (reflect) and repair (with support from a trusted adult if necessary).
- Treat the school building and school property with respect
- Ask for help and support when required from a trusted adult

#### 7. Our Responses: to positive and concerning behaviours

At Mowmacre Hill Primary School we always disapprove of the behaviour, never the person. We believe that being fair is not about everyone getting the same but everyone getting what they need. It is therefore not always possible to respond to behaviours in the same way. However, it is useful to have a guiding framework of responses to good and poor behaviour.

# **Responses to Positive Behaviours:**

It is vital that the majority of interactions learners have with staff are positive.

- All learners should be greeted with positivity when they first enter the school building.
- Smile and greet learners as they enter your lesson
- Take the time to find out about their interests and show a genuine interest.
- All learners should be told something they have done well in each lesson.
- Praise should be specific, e.g. "Well done for being able to remember the order of calculations.
- Give praise for effort, e.g. "Well done for giving it a go even though you weren't sure."
- Some young people find public praise difficult to accept. Find ways to praise learners on a 1:1 basis
- All learners should receive feedback at least once a week (monster points, certificate, sticker, phone call home) informing their parent / carer of something positive they have done or achieved.

All staff should take time to recognise positive behaviours and reward success through making proactive use of:

- ✓ Praise
- ✓ Smiles and visual encouragement
- ✓ Stickers
- ✓ Whole class rewards
- ✓ Visit to other members of staff for recognition and praise
- ✓ Certificates
- ✓ Monster points
- ✓ Letters, texts or phone calls home to parents
- ✓ Special responsibilities given

# 8. Responses to concerning behaviours



This behaviour system is visually displayed in each class room along with our school expectations and rules.

- **Positive reminder**: If a child behaves in a way which breaks a school rule (e.g. isn't following an instruction), an adult will give a positive reminder of the specific school rule they need to follow and what they need to do (regarding their behaviour). For example- 'Our school rule is to listen and follow instructions, so I need you to listen to what the teacher is saying'.
- 1<sup>st</sup> warning: A 1st warning will be recorded if the child continues to break the school rules. In the same way as before, the adult will explain which rule they are breaking and what they need to do to start following the rules. They will aim to do this in a quiet, personal way (not in a shaming way in front of the class).
- 2<sup>nd</sup> warning: A 2nd warning will be given (in the same way as a 1<sup>st</sup> warning) if the behaviour continues and will be recorded on the class spreadsheet.
- **Talk time**: If a child's behaviour continues to escalate in the classroom, we will encourage a child to have talk time near their classroom and follow the 4 R's system. This will be time with an adult so they can help them to regulate, relate, reflect and repair. Children may need different amounts of time to regulate.
- **Reflection**: If a child's behaviour continues to escalate beyond the classroom or continues past the 2<sup>nd</sup> warning and talk time, they will be further supported to regulate with an adult from the wellbeing team or SLT (ideally someone who is a trusted adult for the child and has a good relationship with them). They may need to have time away from the class. The 4 R's system will be followed again.

The behaviour system will be started afresh after lunchtime so that if children have had a tricky morning they get to reset halfway through the day. If a child is having a challenging morning, it means that all is not lost-they don't have to continue having a 'bad day'.

#### Whatever concerning behaviour a child is displaying we should always follow the 4Rs:

- **Regulate** calm and soothe the learner. Children are not able to think/reason when they are in a state of anxiety or distress.
- **Relate** validate feelings and label them. Help children to label their emotions to manage their behaviours. It is important that we 'name it to tame it'.
- **Reason** set limits on their behaviour and problem solve with the child. Once the learner is calm we can reflect on the situation with the learner and problem solve. For some learners, we may only get a limited window at this stage to communicate what we need to, so get to the point of what you are teaching quickly.

A restorative response to an incident of conflict involves asking the following questions (and may involve drawing pictures/thought bubbles alongside this):

What happened?

What were you thinking and feeling at the time? What do you think and how do you feel now?

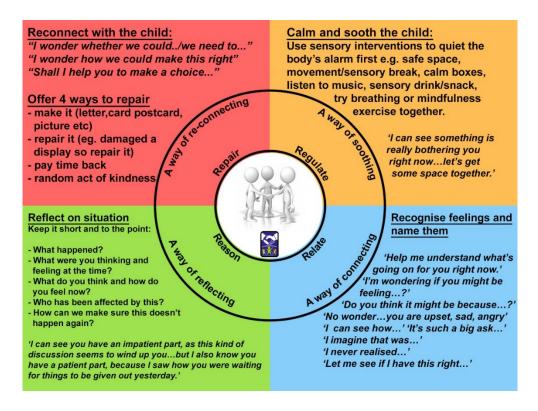
Who has been affected by this?

How can we make sure this doesn't happen again?

This will take place during talk time, reflection or away from the classroom.

• **Repair-**find a way of re-connecting with the learner. Show the learner that it is usually possible to put things right and that we are often made stronger as a result of difficulties. Offer four options of repair: make it, repair it, pay time back or random act of kindness. This is the message of hope that they can repair the situation.

We believe that every day should be a fresh start for a child, so we endeavour to repair on the same day that an incident has happened. If it is very late in the afternoon and getting towards home time, we will offer time after school with the child and parent/carer(s) to repair with a school adult if this is possible, and the child is regulated. If everyone feels it is better to have a conversation to repair at the start of the next day, this will take place instead. This conversation will follow the 4 R's and be used as a teaching opportunity to: relate to how the pupil was feeling in that moment, reason and reflect on how others were feeling and why it happened and finally help the child repair the situation.



#### Responses which are not attachment aware:

- Dismissing a child's feelings by telling them they are over-reacting, being silly or wrong
- Using shaming language or sanctions
- Telling children how they are feeling
- Being confrontational with our verbal or body language
- Ignoring the child
- Using too many words which can overwhelm them
- Isolating or leaving children on their own when they are distressed
- Expecting children to self-regulate by themselves

We believe that children feel more secure if they feel safe, secure, connected, understood and cared for. All behaviour is a form of communication. Children will be supported to understand that their behaviour may have consequences.

Our responses need to be based on our knowledge of a child. We aim to identify, support and deescalate at the early signs of distress.

Underlying communication	Behaviour	Possible responses
I don't feel safe	Low-level behaviours	Respond to attachment-seeking by moving
I don't trust you	Fast breathing	closer to child, using their name, and
I don't know how I feel	Restlessness	acknowledging their need, e.g. "I haven't
I feel rubbish or stupid	Stiff body posture	forgotten you Sam. I will just finish marking
I feel anxious or scared	Clenched fists or jaw	this work and then I'll come to you."
I feel sad	Rapid or high-pitched	If appropriate use a soothing touch
I feel angry	speech	Offer a movement break
I can't cope with my	Continually talking,	Offer a sensory support such as a stress toy
difficult feelings	asking questions	Move things on without making demands,
I feel overwhelmed	Making noises	ego "It can be hard to stay calm when we're
I need to escape	Not sitting still	not sure what to do. Maybe we can try the
I need to protect myself	Leaving their seat	next question together and come back to this
I don't know whether I still	Talking under their	one later."
exist	breath Talking to peers	Use "I wonder" to help child identify
I need you to attend to me		feelings, e.g. "I'm wondering if you are
to feel safe and loved		shouting "it's boring" because you feel scared
This is the only way I know		about getting the answer wrong?" (Use this
to make you like me		technique 1:1 so as not to embarrass)
I need to be in control to		Validate their feelings, e.g. "I know what that
feel safe		feels like. It can be scary to have a go in case
I don't have the skills your		you fail at something." "I know it's hard to
expecting		think right now" "I'm sorry that it's made you
I don't believe you won't	N 4° 1 1 1 1 1 1 1	so cross"
leave me	Mid-level behaviours	See responses above
	Refusal to do work	Quiet correction 1:1 with child to avoid public
	Refusal to follow	shame
	instructions	Acknowledge their feelings of unfairness
	Non-compliant	Re-phrase requests so they don't imply a
	behaviour	demand, e.g., instead of "Tidy away your
	Disrespectful language	books" try "we can't go to break with
	Lying	everything out on the desks"
	Minor damage to school	Try to problem solve with the child, e.g., "You
	property	want to go to break. I want you to complete
	Argumentative	your work so you can do well in Maths. How
	Non-directed swearing	are we going to solve this?"
		Link the consequence to the action. E.g., if

	they have broken a calculator, they don't get to use one the next session.  Use a light tone of voice to suggest a child has another go using different words.  Give choices about what will happen next calmly, repeating as often as necessary  Repeat your request or expectation and don't become drawn into an argument  Use distraction
Harmful behavio	ours See responses above
Aggressive / threatening / rac	
homophobic / se language Damage to school	towards the child so they know you will not
property Threats	Keep your body posture, facial expression and tone calm.
Throwing objects Kicking objects	trapped
Kicking	Use a low, slow, strong voice
Hitting Spitting	Speak rhythmically like you would to an infant
	Narrate what you see in a calm voice e.g. "I can see you are feeling very frustrated right now."
	If a child needs to be removed ensure they are with an adult (who have been trained in MAPA de-escalation) who can support them
	to self-regulate Do not chase a child unless they are in danger as it can seem like an attack. Reassure them, "I'm still here when you're ready."

When a behavioral incident occurs, we seek those children take responsibility for their actions in a safe way, therefore pupils will be given time and space to resolve the situation. Staff will take time to repair relationships with the pupils, to try to avoid escalation of behaviour. Staff will not refer to previous incidents but try to focus on positive behaviour and the way forward.

We may use an internal seclusion in response to serious or persistent breaches of this policy-relational plan.

Removal from planned curricular activities and trips, such as swimming or PE will not be used as a punishment unless the unacceptable behaviour relates particularly to the activity. Pupils may be excluded from off site visits on health and safety grounds which must be discussed with the head teacher so that all other possible avenues are explored first, and suspension from the trip is the last resort.

We understand that poor behaviour management can adversely affect mental health, therefore, consequences will be applied in a way that maintains self-respect and as soon as possible after the inappropriate behaviour has occurred.

#### 9. Lunchtime behaviours

The same behaviour system will be used at lunchtime as is used in the classroom. An adult from the wellbeing team or SLT will be in the reflection room at lunchtime to be able to support children with their behaviour.

Lunchtimes are a social occasion, however, some pupils find having unstructured periods of time, such as lunchtime, extremely challenging. We offer different lunchtime clubs including ELSA drop in, TTRockstars, colouring club, Minecraft club to give pupils the opportunity to remove themselves from any social situations that may cause them to become upset and unable to manage their behaviour.

#### **10.** Online Behaviours

The education of pupils in online safety/digital literacy is an essential part of the school's online safety provision. Therefore, the school will help and support pupils to recognise and avoid online safety risks and build their resilience.

All pupils are expected to follow the schools acceptable use of the school's ICT systems and the internet. This acceptable use agreement states how we expect pupils to behave online and can be found in the school's online safety policy.

The school will deal with online safety incidents within this policy and the associated online safety and anti-bullying policies and will, where known, inform parents/carers of incidents of inappropriate online safety behaviour that take place out of school.

# **11.** Personalised approach

Some pupils who have difficulties in managing their behaviours, may need a more personalised approach (e.g. a Relational Support Plan) to help understand their behaviour and to help them to make the right choices; this will be agreed between the pupil, class teacher, parents and relevant members of the school staff which could include the Special Education Needs Co-ordinator.

# **12.** Pupil support

The school recognises its legal duty under the Equality Act 2010 to prevent pupils with a protected characteristic from being at a disadvantage. Consequently, our approach to challenging behaviour may be differentiated to cater to the needs of the pupil.

The school's special educational needs coordinator will evaluate a pupil who exhibits challenging behaviour to determine whether they have any underlying needs that are not currently being met.

Where necessary, support and advice will also be sought from specialist teachers, an educational psychologist, medical practitioners and/or others, to identify or support specific needs.

When acute needs are identified in a pupil, we will liaise with external agencies and plan support programmes for that child. We will work with parents to create the plan and review it on a regular basis.

# **13.** Exclusions and Suspensions

On rare occasions there may be a need to directly exclude a pupil. This may mean that the staged behaviour systems would have been bypassed. Violent or extremely abusive behaviour towards peers, an adult or school property could result in a suspension/exclusion.

There are three types of suspension/exclusion:

- 1. **Lunchtime suspension** If a child is persistently disruptive, unsafe or jeopardising the safety of others at lunchtime a lunchtime suspension will be considered. The pupil is excluded from the school premises for one or more lunchtimes. Parents/careers are required to pick up by their child and return them to school in time for afternoon registration. This course of action occurs when we feel a child is unsafe or jeopardising the safety of others.
- 2. **Suspension** This is a temporary suspension from school which can be between 0.5 and 5 school days. This is to give the child a period to reflect on the behaviours that have been deemed unacceptable. During this time staff can discuss and implement strategies so that the pupil's return is a positive experience.
- 3. **Permanent exclusion**—This would only occur when all interventions for support have been exhausted and staff believe that the school is unable to further meet the pupils needs.

A build up in suspensions over time could result in a permanent exclusion. This decision would not be taken lightly and would ultimately be sanctioned by the headteacher. Further information is stated in the school's exclusion and suspension policy.

#### **14.** Off-site behaviour

Pupils need to understand that the school expects the same standards of behaviour from them in all the following situations:

- Taking part in any school organised or school related activity
- Travelling to or from school
- Wearing school uniform or being in some other way identifiable as a pupil at the school

Or, display inappropriate behaviours at any time, whether or not the above conditions apply, that:

- Could have repercussions for the orderly running of the school
- Poses a threat to another pupil or member of the public
- Could adversely affect the reputation of the school
- Causing distress to another child at Mowmacre Hill Primary School

In any of the above circumstances the Headteacher will consider if the behaviour is criminal or poses a threat to a member of the public, in which case the police will be informed. The behaviour of pupils outside of school can be considered as grounds for suspension.

# **15.** Malicious allegations

Pupils that are found to have made malicious allegations will have breached the aims and expectations of behaviour listed in this policy. Malicious allegations will not be tolerated, and sanctions will be applied to any child making malicious allegations, appropriate to the child's age and the allegation they have made.

In such cases parents will always be informed of their child's behaviour and consequences applied.

The headteacher will consider whether any disciplinary action is appropriate against the pupil who made the allegation, or the police will be asked to consider whether any action might be appropriate against the person responsible, including situations where the individual concerned was not a pupil.

Where a pupil makes an accusation against a member of staff and that accusation is shown to have been malicious, the headteacher will discipline the pupil in accordance with this policy.

If a malicious accusation has been made against a member of staff, the headteacher and the advisory board will ensure suitable pastoral care is provided.

# **16.** Physical restraint

School staff can use reasonable force to either control or restrain pupils. A number of staff members have MAPA Training. This programme is designed to consider the care, welfare, safety and security of pupils as well as defuse challenging situations. MAPA also trains staff to use reasonable force, if necessary, to prevent pupils from harming themselves or others.

The decision on whether or not to physically intervene is down to the professional judgement of the member of staff concerned and has to be judged on a case-by-case basis, depending on the circumstances. Incidents of physical restraint must:

- Always be used as a last resort
- Be applied by adults who are calm and regulated
- Be applied using the minimum amount of force and for the minimum amount of time possible
- Be used in a way that maintains the safety and dignity of all concerned
- Never be used as a form of punishment
- Be recorded and reported to parents

Our Physical Intervention Policy contains further details.

#### **17.** Confiscation

Any prohibited items found in pupils' possession will be confiscated. These items will not be returned to pupils.

Possession of any prohibited items include: Knives or weapons, stolen items, alcohol, illegal drugs, tobacco and cigarette papers, fireworks or any article a staff member reasonably suspects has been,

or is likely to be, used to commit an offence, or to cause personal injury to, or damage to the property of, any person (including the pupil).

We will also confiscate any item which is harmful or detrimental to school discipline. These items will be returned to pupils after discussion with senior leaders and parents, if appropriate.

Searching and screening pupils is conducted in line with the <u>DfE's latest guidance on searching</u>, screening and confiscation.

# **18.** Pupil transition

To ensure a smooth transition to the next year and/or school settings, pupils have transition sessions with their new teacher(s). In addition, staff members hold transition meetings.

To ensure behaviour is continually monitored and the right support is in place, information related to pupil behaviour may be transferred to relevant staff at the start of the term or year. Information on behaviour may also be shared with new settings for those pupils transferring to other schools.

# **19.** Staff development and support

Our staff are provided with training on managing behaviour and positive behaviour management strategies. Some members of staff are trained in Safety Intervention. However, behaviour management forms part of whole staff continuing professional development.

# 20. Review

This relational policy will be reviewed by the headteacher and the advisory board annually to ensure it is meeting the needs of the school. At each review, the policy will be adopted by the Advisory Board.

The Education Standards Committee will review the exemplar policy template every two years.

# Appendix 1: Behaviour Plan Example